

*Northumberland*

**Family Health Team**

Northumberland Mall, Unit 10

1111 Elgin Street West

Cobourg ON K9A 5H7

# Menopause



**Explore your menopause with an interactive workshop  
and panel with NFHT Health Professionals  
Nurse Practitioner, Pharmacist and Dietitian.**

**Date: Tuesday May 15th**

**Time: 5:30 to 7:00 pm**

**Location: Northumberland FHT**

**TO REGISTER**

Call 289-252-2139

Email [info@nfht.ca](mailto:info@nfht.ca)