

Gas, Bloating, IBS?



What is Irritable Bowel Syndrome or IBS,
Nutritional Management of IBS,
What are FODMAP Foods,
How can this approach help your IBS symptoms?

Date: Wed. November 22, 2017

Time: 1:30 pm to 3:30 pm

Location: Northumberland FHT

TO REGISTER

Call 289-252-2139

Email info@nfht.ca